

## The Lord Is My Refuge

### Lesson Seven: PSALM 91; ROMANS 8:28-39

This psalm has been committed to memory by many believers because of its emphasis on preserving and sustaining life. It is a comfort during situations that entail physical danger and a source of strength for the ordinary circumstances of life. The psalm's theme – the Lord is our refuge - defines God's faithfulness and man's response.

READ PSALM 91:1-2

1. What is the theme of the parallel statements in verse 1? How does the psalmist express confidence in God for the present and the future?

Read PSALM 91:3-4

2. How is unexpected danger portrayed? What danger was always prevalent before advanced medicine?

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3. Describe the complete covering God offers. How is his protection pictured?

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READ PSALM 91:5-9

4. What four additional dangers does the psalmist enumerate?

5. Why do you think the psalmist refers to the terror of night? What "arrows" of difficulties have you confronted in the course of a day?

6. How does the psalmist view God's power to protect? (The believer does not have the right to say that these rescues *must* happen, but the right to trust that they *may* happen.)

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7. What security is denied nonbelievers? How has God delivered you from danger?

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READ PSALM 91:10-13

8. What immunity is available to the person who trusts in God? What means does God use to maintain this protection? (God promises his presence in the midst of dangers and his eternal protection for believers.)

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9. How thorough is God's watchfulness? How do we know believers will do more than just survive?

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READ PSALM 91: 14-16

10. What eight comforting promises did God offer? For what reasons did God give these gifts?

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READ ROMANS 8:28-34

In the Old Testament, trust in God brought his gifts of protection and honor. The New Testament reveals God's fulfilled promise of faithfulness by the sacrificial gift of his Son. Our requirement again is to trust in his plans.

11. According to this passage, how does God work in the life of the one who loves him? What work does God, the designer, execute in the lives of believers (v. 30)?

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12. How can Christians be reassured of God's love? Why can't Christians be condemned?

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READ ROMANS 8:35-39

13. Over what situations can the Christian triumph in the security of God's love? Who makes this victory possible?

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CONCLUSION

1. Describe the extent of God's faithful protection as summarized in Psalm 91:14-16.

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2. What is man's responsibility in response to God's faithfulness?

Psalm 91:2 \_\_\_\_\_

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Psalm 91:4 \_\_\_\_\_

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Psalm 91:15 \_\_\_\_\_

Romans 8:28 \_\_\_\_\_

3. How is God's supreme love manifested?

Romans 8:32 \_\_\_\_\_

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Romans 8:38-39 \_\_\_\_\_

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#### APPLICATION

How have you experienced the benefits of God's protection in difficult circumstances?  
May you know the benefits of your Savior's love, which continues through every situation.